SOSORT
Society on Scoliosis Orthopedic and Rehabilitation Treatment

4th International Conference
on
Conservative Management of Spinal Deformities

CONFERENCE PROGRAM

MAY 13 – 16, 2007
NORTHEASTERN UNIVERSITY
BOSTON, MA ~ USA

LOCAL ORGANIZER

CO - HOST
Welcome

We are pleased to invite all researchers, medical and health care professionals, and patients interested in conservative management of scoliosis and related spinal deformities to join us in Boston to explore all aspects of this field. Well known clinical and scientific experts from around the globe will present the current state of the art for conservative care of scoliosis patients. This is an unprecedented opportunity to learn what is available and why it is so important.

Conference Chairpersons,

Local Organizer
Joseph P. O'Brien, M.B.A.
President, CEO, & Patient
National Scoliosis Foundation,
Boston, USA

Scientific Program Chair
Martha C. Hawes, Ph.D.
Division Of Plant Pathology & Microbiology
University of Arizona, USA
Author, Scoliosis & the Human Spine

Consensus I Chair
Theodoros B. Grivas, MD
Orthopedic and Spinal Surgeon,
Thriasio General Hospital, Greece

Education Session Chair
Manuel Rigo, MD
Elena Salva Institute, Spain
President of SOSORT

Consensus II Chair
Tomasz Kotwicki, MD, PhD
Pediatric Orthopedic Surgeon,
University of Medical Sciences
Poznan, Poland

The Study Group on Scoliosis Orthopedic and Rehabilitation Treatment (SOSORT) was born in 2004 in Barcelona as a group to foster research and favor the exchange of ideas among researchers and clinicians with expertise in the conservative treatment of spinal deformities. It started because of the international absence of a group interested in this topic, due to the gradual shift of the orthopedic community toward surgery, involving also the Scientific Societies and Journals of the field. Coming together with a greater interest from the world of rehabilitation, today there is a need of a serious scientific group to develop new research and to have a forum for new ideas: this is SOSORT.

For updates and additional information visit us at www.scoliosis.org/sosort2007
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1. Sunday May 13th ~ Education Session: *Conservative Management of IS: State of the Art*
2. Sunday, May 13th ~ Scientific Program ~ *Interactive Posters & Social Reception*
3. Monday, May 14th ~ Scientific Program ~ *Sessions 2 & 3*
4. Tuesday, May 15th ~ Scientific Program ~ *Sessions 4 & 5*
5. Tuesday, May 15th ~ Consensus: *I. School Screening & II. Outcome Measures*
   Wednesday, May 16th ~ Clinic Day: *Scoliosis Bracing Concepts, Construction, & Certification*
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8. Hotel & Conference Facility Location Map
9. Conference Facility ~ Northeastern University Campus Map
10. Overview of Boston, MA, USA
11. Things to Do in Boston
12. Getting Around Boston
13. Invitation to Conference

Registration will be open Saturday, May 12th @ 10am to 6pm and Sunday - Tuesday, May 13th @ 7am to 6pm

COUNTRY FLAGS OF THE CONFERENCE FACULTY

Registration will be open Saturday, May 12th @ 10am to 6pm and Sunday - Tuesday, May 13th @ 7am to 6pm

*Countries of the Conference Faculty*

*This is a preliminary Program subject to change. For updates and additional information visit us at [www.scoliosis.org/sosort2007](http://www.scoliosis.org/sosort2007)*
Sunday, May 13, 2007

Chairman: Manuel Rigo, MD

8:00 Opening of the Meeting: J.P. O’Brien, MBA – President & Patient – National Scoliosis Foundation
8:10 Opening of the Session: M. Rigo, MD – President – SOSORT
8:20 T. Kotwicki, MD, PhD: ‘The three-dimensional nature of Idiopathic Scoliosis’.
8:40 I. Stokes, PhD: ‘The Vicious Cycle concept’
9:00 T. Maruyama, MD: ‘Short and long term objectives of conservative management of IS’.
9:10 T.B. Grivas, MD: ‘Indications for non surgical treatment based on natural history’.
9:40 Discussion: Moderator: M. Rigo, MD
10:00 Break
10:20 M. Bialek, M.Sc, PhD, PT: ‘Functional Individual Therapy of Scoliosis-FITS’
10:35 S. Negrini, MD: ‘SEAS-06’
10:45 M. Rigo, MD: ‘Schroth Method’
11:00 H.R. Weiss, MD: ‘Physiologic exercises and 3D exercises made easy.’
11:10 Discussion: Moderator: T. Neuhaus, PT
11:30 Presidential Guest Speaker: G. Thompson, MD – President – Scoliosis Research Society: ‘Bracing in the USA and the SRS inclusion and assessment criteria for future bracing studies’.
11:50 S. Negrini, MD: ‘The Lyon School and derivates - SPoRT- in the treatment of IS’
12:10 H.R. Weiss, MD: ‘The Chêneau brace and derivates in the treatment of IS’
12:30 C.H. Rivard, MD: ‘Dynamic Tension Bracing’
12:40 Discussion: Moderator: T.B. Grivas, MD
1:20 Discussion: Moderator: M. Hawes, PhD
1:30–Lunch
2:30- Demonstration Sessions:
   1. A. Hennes, PT and H.R. Weiss, MD: Physiologic exercises and ‘3-D exercises made easy’
   2. M. Villagrasa, PT and the American Schroth PTs: Schroth exercises
   3. M. Romano, PT and S. Negrini, MD: SEAS-06
   4. M. Bialek M.Sc, PhD, PT: Functional Individual Therapy of Scoliosis – FITS
4:30 J.P. O’Brien, MBA: ‘Scoliosis Patient Care ~ More Than Just A Method’
4:50 M. Rigo, MD ~ Close of Education Session & Invite to Interactive Posters
5:00 Interactive Poster Session/Reception
6:30 End

For updates and additional information visit us at www.scoliosis.org/sosort2007
Overview:

Sunday May 13 5:00-6:30 p.m. Session 1. Interactive poster session and social reception

Monday May 14 8:00 a.m.-noon Session 2. Physical medicine and scoliosis
Monday May 14 1:30-5:00 Session 3. Brace Treatment
Tuesday May 15 8:00-noon Session 4. Pathology
Tuesday May 15 1:30-3:30 Session 5. Clinical tools: new approaches to diagnosis and classification
Tuesday May 15: 3:30-5:00 Consensus Session I. School Screening
Tuesday May 15: 5:00-6:30 Consensus Session II. Outcome Measures

Sunday May 13th:

5:00pm-6:30 p.m. Session 1. Interactive poster session and social reception:

**Brooks, WJ, Krupinski EA, Hawes MC.** Reversal of curvature magnitude in response to physical methods: a 15-year followup in an adult female diagnosed with moderately severe scoliosis at age eleven. Restorative Care Foundation, Kansas City, MO 64152 and the Department of Osteopathic Principles and Practice, College of Osteopathic Medicine, Nova Southeastern University, Ft. Lauderdale, FL 33328

**Correia KA, Megna J.** The effect of physical therapy on computerized dynamic posturography of an adolescent with idiopathic scoliosis: A case study. Kare Therapeutics, 732 Smithtown Bypass, Suite 102A, Smithtown, NY 11787 (James Megna, PT, MS, NCS, Southside Hospital, Bayshore, NY

**Hennes, A** The Schroth Concept - Actual Developments

**Monroe, M.** Yoga and Somatic Therapy for the treatment of adolescent idiopathic scoliosis: Adult case report. Private practice of Body Mind Centering, Feldenkrais, and Iyengar Yoga; 161 West 15th #3A; New York, NY 10011

**Nieh, MT.** Exercise-based methods to treat adult scoliosis: a case report. Rensselaer NY.

**O'Brien, JP.** Retrospective review of a single case of surgically treated AIS over a 40-year period.

**Shawafaty N, Cheriet F, Coillard C, Rhalmi S, Labelle H, Rivard CH.** Non invasive evaluation of SpineCor brace correction from surface topography

**Sherman, K.** Pilot Study to Validate a Scoliosis-Specific Instrument that Measures Quality of Life and Treatment Effect. 7027 North Seneca Avenue, Glendale, WI 53217

**Torres, B.** Katharina Schroth Method for treatment of post-polio scoliosis in an adult. Physiotherapist in private practice, Palo Alto, CA 94306;


**Negrini, S.** The evidence based ISICO approach to rehabilitation of spinal deformities.

**Stokes, IAF.** Analysis and Simulation of Progressive Adolescent Scoliosis by Biomechanical Growth Modulation

**Weiss, HR** Scoliosis Intensive Rehabilitation (SIR) - Evidence Based Scoliosis Rehabilitation

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Monday May 14th:

Session 2. Physical medicine and scoliosis

8:00-8:10 **Moderator: Hans Rudolph Weiss** Opening remarks
8:10 **Bialek M, Chwala W, Kotwicki T, M'hango A.** Decrease of Electromyographic Activity of Concave Paraspinal Muscles in Scoliotic Girls after Specific Soft Tissue Therapy.
8:20 **Bialek M, M'hango A, Kotwicki T.** Monitoring of Changes of Trunk Rotation During Scoliosis Physiotherapy.
8:30 **Bilotta TW.** Postural Reeducation (PR) in treatment of idiopathic scoliosis.
8:40 **Durmala J, Dobosiewicz K.** Physical efficiency of girls with conservatively treated idiopathic scoliosis.
8:50 **Durmala J, Tomalak W.** Respiratory muscle strength in adolescents with scoliosis.
9:00 **Durmala J, Dobosiewicz K, Piotrowski J.** Stabilisation of progressive IS in the period of maturation in girls treated using Dobosiewicz’s method (period of the observation >36 months).
9:10 **Karski T, Kalakucki J, Karski J.** Patient-specific exercise programs in the conservative management of the so-called idiopathic scoliosis.
9:40 **Romano M, Negrini S, Zaina F, Negrini A, Parzini S.** Does quality of exercises affect results in adolescent idiopathic scoliosis treatment to avoid braces? SEAS.02 results at two years.
9:50 **Brooks WJ.** Comprehensive manipulative medicine
10:05 Discussions and Questions
10:10 Coffee Break
10:30-12:00 **Tom Findley: Keynote and mini-workshop:** "Developing Clinical Research: Turning a good idea into a great project"

12:00 Lunch
1:30 Session 3a. Brace Treatment
1:40 **Weiss HR, Werkmann M, Stephan C.** Brace related stress in different braces for scoliosis treatment.
1:50 **Rigo M.** A series of patients with AIS treated with a Rigo System Chêneau (RSC) brace. Primary correction in brace improved by technical evolution.
2:00 **Wynne J.** Boston brace.
2:20 Discussion and questions.
2:30 **Landauer F, Hofstädter T.** Proportion of correction and compliance to determine success in brace treatment.
2:40 **Grivas TB, Vasilliadis E, Koufopoulos G, Trinatafyllopoulos G, Mouzakis V.** How much does the Dynamic Derotation Brace affect the surface deformity of children with idiopathic scoliosis?
3:00 **Kinel E, Kotwicki T, Stryla W, Szulc A.** Adolescent Girls with Scoliosis Below 40 Degrees, Treated with TLSO Brace, Reveal Less Clinical Deformity than Non-treated Girls Having Similar Scoliosis Angle.
3:20 **Bunge EM, de Koning HJ** for the brace trial group. Bracing patients with adolescent idiopathic scoliosis: design of the first randomised controlled treatment trial.
3:30 **Aulisa AG, Negrini S, Galli M, Lupparelli S, Aulisa L.** The conservative treatment of thoracolumbar and lumbar idiopathic scoliotic curves with the P.A.S.B.
3:40 Coffee Break

Session 3b. Brace Treatment
3:50 **Negrini S, Zaina F, Negrini F, Marchini G, Aulisa A.** Sforzesco brace (SPoRT Concept) versus Risser cast in adolescent idiopathic scoliosis treatment: similar efficacy, with reduced spinal side effects for the brace.
4:00 **Coillard C, Vachon V, Circo A, Beauséjour M, Shawafaty N, Eng B, Rivard CH.** Effectiveness of the spinecor brace based on the new standardized criteria proposed by the S.R.S. for adolescent idiopathic scoliosis.
4:10 **Vachon V, Circo A, Coillard C, Rivard CH.** Positive outcome in overweight patients with adolescent idiopathic scoliosis treated by the Spinecor brace.
4:30 **Kessler J** The Efficacy of a new CAD/CAM Brace in the Treatment of Idiopathic Scoliosis.
4:40 **Romano M, Negrini S.** Does bracing change the sport habits of patients? A controlled study.
5:00-6:30 p.m. **SOSORT Business meeting**
Tuesday May 15th:

Session 4a : Pathology

8:00 Opening Remarks
8:20 Birchall D, Hughes D, Williamson B. Demonstration of Vertebral and Disc Mechanical Torsion in Adolescent Idiopathic Scoliosis Using Three-Dimensional MR Imaging
8:30 Birchall D, Hughes D, Williamson B. Evaluation of the Effect of Vertebral and Disc Mechanical Torsion on the Correction achieved by Posterior Instrumentation in Adolescent Idiopathic Scoliosis.
8:40 Chêneau J, Grivas TB, Engels G, Fritsch HBS. Wedged vertebrae normalization in congenital scoliosis due to application of external forces by brace.
8:50 Grivas TB, Vasilidis E, Savvidou O, Dangas S, Triantafyllopoulos G, Malakasis M. Is the rib hump thoracic/surface deformity) always in agreement with the Cobb angle (spinal/radiological deformity)? A study in school-screening referrals, with aetiological implications.
9:00 Aulisa AG, Negrini S, Galli M, Visci F, Aulisa L. The biomechanics of conservative treatment of idiopathic scoliosis.
9:30 Rigo M, Villagrassa M. Comparison of three non-invasive devices to assess the sagittal spinal configuration in an heterogeneous population of scoliotic and non-scoliotic subjects.
9:40 Romano M, Zaïna F. Is there a relationship between the results of unterberger test and convexity of scoliosis major curve?
9:50 Questions and Discussion
10:00 Coffee Break

Session 4b – Pathology

10:30 Lamantia M, Deutchman G, Indelacato J, Raykhman M. A retrospective study of thirty six (36) cases of vestibular hypofunction in adolescents with idiopathic scoliosis
10:50 Iemolo B. Seven criteria to treat Scheuermann's Disease.
11:00 Aulisa AG, Negrini S, Galli M, Visci F, Aulisa L. Is correction of the deformity sufficient for complete recovery from idiopathic scoliosis?
11:10 Hawes MC. Scoliosis and the Human Genome project: update.
11:30 Questions and Discussion
12-1:30 Lunch

Session 5. Clinical tools: new approaches to diagnosis and classification

1:40 Paez A, Lotufo D, Wilmarth MA. School based scoliosis screening: an analysis of socio-demographics, compliance, efficacy and a proposed role for physical therapists.
1:50 Zaïna F, Negrini S, Romano M, Aulisa L. Repetability of different methods to collect in everyday clinics the sagittal profile of patients with adolescent idiopathic scoliosis.
2:00 Negrini S, Negrini A. The 3-DEMO (3-Dimensional Easy Morphological) classification of scoliosis:
2:10 Zaïna F, Negrini S, Monticone M, Paroli C, Aulisa L. Repetability of the Aesthetic Index for adolescent scoliosis idiopathic evaluation
2:40 Questions and Discussions
2:50 Grivas T: SOSORT 2008 Meeting in Athens, Greece
3:00-3:30 Rigo M. Presidential Address – Close of Scientific Program
Tuesday, May 15th:

3:30-5:00 Chairman T.B. Grivas, MD: Consensus Session I – School Screening
5:00-6:30 Chairman T Kotwicki, MD: Consensus Session II--Outcome Measures

Wednesday, May 16th:

Clinical Sessions: Scoliosis Bracing: Concepts, Construction, & Certification Requirements

Moderator: Luke Stikeleather

8:30 Manuel Rigo & Hans Rudolph Weiss - Chêneau brace and derivates
9:30 Stefano Negrini – Lyon & SPoRT Braces
10:30 Break
11:00 Charles H. Rivard - SpineCor
12:00 James Wynne - Boston Brace & Triac
1:00 End of Clinic Day

Conclusion of the 4th International Conference on Conservative Management of Spinal Deformities

For updates and additional information visit us at www.scoliosis.org/sosort2007
4th International Conference on
Conservative Management of Spinal Deformities
May 13th - 16th, 2007 Boston, MA, USA

Registration Form: Please Print or TYPE:
Title (Mr., Mrs., Ms., Dr.): _____ Full Name (First, MI, Last, Suffix): _______________________
Name for Certificate: ________________________________ Credentials: _________________________
E-mail: ________________________________ Daytime Phone: __________________________ Fax: __________
__ MD __ PhD __ Orthotist ___ Physical Therapist ____ Nurse____ Sales Rep___ Other (please specify) ____________________
Institution, Company, or Practice Name ________________________________________________
Address (__ Home or __ Work) _________________________________________________________
City, State, ZipCode, Country ________________________________________________________

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<th>SOSORT 2007 REGISTRATION FEES</th>
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All ATTENDEES MUST BE PAID PARTICIPANTS FOR SCIENTIFIC SESSIONS

__ Check enclosed, payable to: National Scoliosis Foundation, or
Charge to: ___ Master Card ___ Visa ___ Amex ___ Discover__
Card #: ________________________________ Exp: __________ Security #: __________
Name on card (print): ________________________________

Easy Ways to Register
1. Mail: Complete the registration form and mail with payment to:
   National Scoliosis Foundation
   5 Cabot Place
   Stoughton, MA 02072
2. Fax: Fax Form with Credit Card information to:
   1-781-341-8333
3. Email: send PDF to ageorge@scoliosis.org
4. Phone: 1-781-341-6333

Meeting Special! – 2007 SOSORT Membership
Regular - $140 US Half Price - $70 US
All Registrants for the Scientific Session will be able to receive a one time Conference Special and become SOSORT Members for $70.

Conference Attendees will be awarded
23 Contact Hours

Do you plan on attending the Monday night Gala dinner? Please specify:
___ Yes ___ No

Refund & Cancellation Policy
A full refund of registration fees, less a $25 administrative fee, will be available if requested in writing and received by Friday, April 27th, 2007. No refunds will be made after that date. A $25 fee also will be charged for returned checks. NSF reserves the right to cancel the course and return all fees in the event of insufficient registration. The liability of SOSORT, NSF and Northeastern University will not be responsible for any losses incurred by registrants, including but not limited to airline cancellation charges or hotel deposits.

*For updates and additional information visit us at www.scoliosis.org/sosort2007
We are thrilled you are going to be apart of our 4th International Conference on Conservative Management of Spinal Deformities. We hope this is as enjoyable as it will be informative.

To make your stay in Boston easier we have made room blocks at various hotels around the Northeastern University area.

In order to get this rate you must call and use the Reference provided below.

Please book early as special rate rooms are limited and will run out fast!

The Colonnade Boston
120 Huntington Avenue, Boston, MA 02116
617-424-7000
Reference: SOSORT - National Scoliosis Foundation
$169.00
Book before: April 24, 2007
Expedia Rate: $209.25 + tax
** Highly Recommended**

Sheraton Boston Hotel
39 Dalton Street, Boston, MA 02199
617-236-6148
Reference: National Scoliosis Foundation
$169 + tax
Book before April 15th
Expedia Rate: $274 + tax
** Highly Recommended**

Courtyard by Marriot Boston Copley Square
88 Exeter Street, Boston, MA 02116
617-437-9300
Reference: National Scoliosis Foundation
$219 + tax (breakfast included)
Book before: April 25, 2007
Expedia Rate: $269.00 + tax

Best Western: The Inn at Longwood Medical
342 Longwood Avenue, Boston, MA 02115
617-731-4700
Reference: SOSORT - National Scoliosis Foundation
$179.00 + tax
Book before: April 12, 2007
Expedia Rate: $234.00 + tax

The MidTown Hotel
220 Huntington Avenue, Boston, MA 02115
617-262-100/ 800-343-1177
Reference: SOSORT - National Scoliosis Foundation
$159.00 + tax
Book before: April 12, 2007
Expedia Rate: $219 + tax

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SOSORT

4th International Conference on
Conservative Management of Spinal Deformities
May 13th - 16th, 2007 Boston, MA, USA
Hotel & Conference Facility Location Map

Northeastern University
Curry Student Center
Huntington Ave., Boston,
Massachusetts 02115

1. Colonnade Hotel Boston (.6 Miles from NEU)
2. Sheraton Boston Hotel (.7 Miles from NEU)
3. Courtyard by Marriott Boston Copley Square (.8 Miles from NEU)
4. Best Western: Inn at Longwood Medical Center (.9 Miles from NEU)
5. Midtown Hotel (.4 Miles from NEU)

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4th International Conference on Conservative Management of Spinal Deformities
May 13th - 16th, 2007 Boston, MA, USA

CONFERENCE FACILITY
CURRY STUDENT CENTER #50
Boston, first incorporated as a town in 1630, and as a city in 1822, is one of America’s oldest cities, with a rich economic and social history. What began as a homesteading community eventually evolved into a center for social and political change. Boston has since become the economic and cultural hub of New England.

As the region’s hub, Boston is home to nearly 590,000 residents, many institutions of higher education, some of the world’s finest inpatient hospitals, and numerous cultural and professional sports organizations. Boston-based jobs, primarily within the finance, health care, educational, and service areas, numbered nearly 660,000 in 2002. Millions of people visit Boston to take in its historic neighborhoods, attend cultural or sporting events, and conduct business.
BOSTON
THINGS TO DO

A CITY FOR SPORTS

A CITY FOR CULTURE

A CITY FOR SHOPPING

A CITY FOR DINING

A CITY FOR NIGHT LIFE
THE CENTER OF NEW ENGLAND

A CITY FOR BOATING IN THE HARBOR

A CITY FOR WALKING

A CITY FOR RIDING THE “T”

THE CENTER OF NEW ENGLAND
PLEASE JOIN US IN BOSTON ON MAY 13 – 16, 2007

THIS MAY BE ONE OF THE MOST IMPORTANT STEPS IN YOUR JOURNEY WITH SPINAL DEFORMITIES

SEND IN YOUR REGISTRATION TODAY!