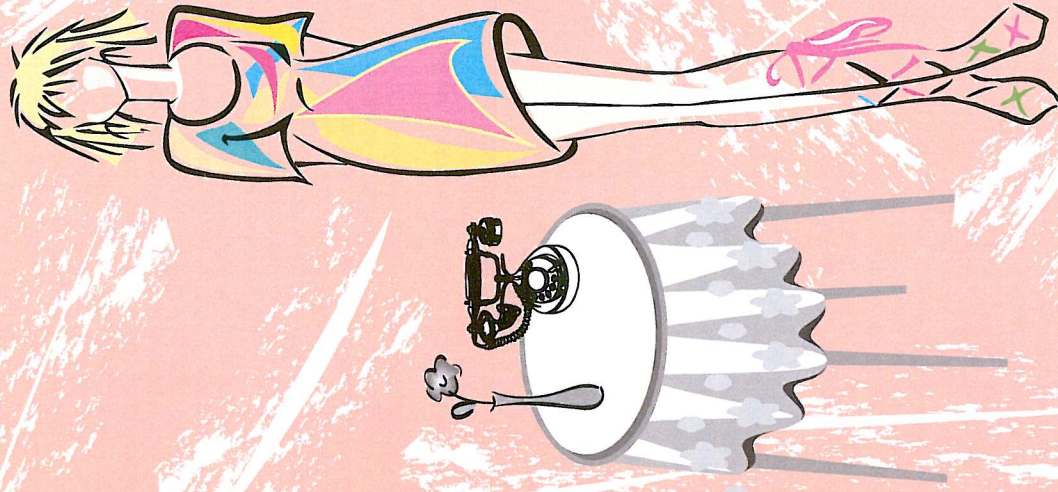
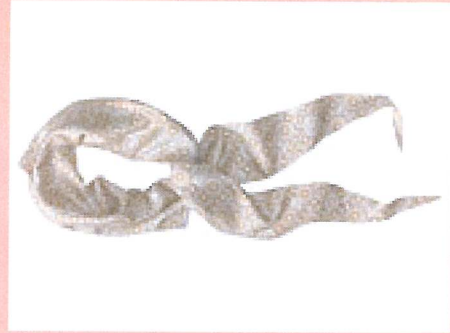


# Accessories

Accessories can be another great way to hide your brace. Tying a scarf around your hips or around your waist to hide the brace's straps are a few examples. You can also wear belts loosely too. Wearing different accessories can also take focus away from areas where your brace may seem more obvious. Accessories are the best way to get creative with disguising your brace.



Pictured here:  
Belt at the right is from  
Banana Republic; sash  
and belts below are from  
the Gap



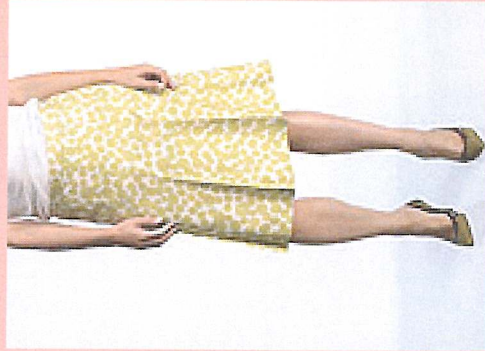
Call Me!!!

If you ever have any questions  
or just want to talk,  
Moirra Lion  
(650) 948-4584

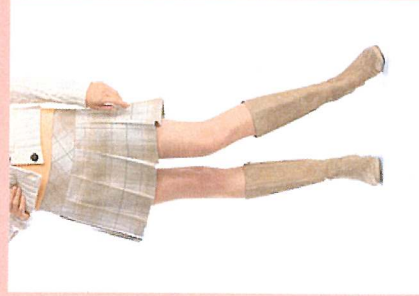
Fashion Rescue

# Skirts

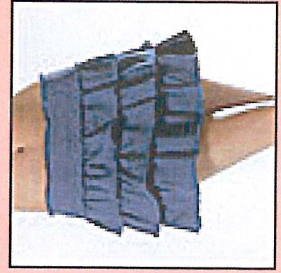
For the same reason I found that pants with back flap pockets were good to hide the brace, I also found that tiered skirts, fuller or pleated skirts are a good way to hide the brace and stay cool in the spring and summer weather. Again, skirts with flap pockets on the back work well, too.



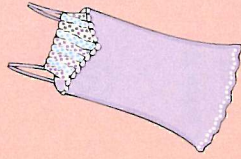
Pictured here:  
Skirt from Banana Republic



Pictured here:  
Skirt from the Gap



Pictured here:  
Both skirts are Juicy Couture



# The Basics

Although brace makers and doctors say to wear a seamless, ribbed tank top from the boy's or men's underwear section under the brace, I chose something else to wear. I found that ribbed shirts left imprints in my skin which were very uncomfortable. I experimented with material that I had to put on when I was getting measured for the brace, and I cut it into tube tops. That worked well because I did not have to worry about thick straps showing, but it was still uncomfortable because it was ribbed. Then I found the perfect solution. I wear spaghetti strapped, seamless tanks made of nylon/Lycra® spandex. It is important to find camisoles that are seamless so they do not make prints in your skin. These seamless camisoles can be found at the online web site for Victoria's Secret at [www.victoriasecret.com](http://www.victoriasecret.com). You can also find other brands of camisoles, like my favorite Tammy Mars, made of this same material at yoga stores. Remember you also do not need a huge amount of these under shirts. Just make sure you buy enough so that you have enough time to wash your shirts.



Pictured here:  
Body By Victoria®  
Seamless Camisole